

CLASSES OPEN TO ANY VETERAN

DRAWING

CERAMICS

PAINTING

PHOTOGRAPHY

METAL WORK

SCULPTURE

CARTOONING

JEWELRY MAKING

WATERCOLOR

RAKU



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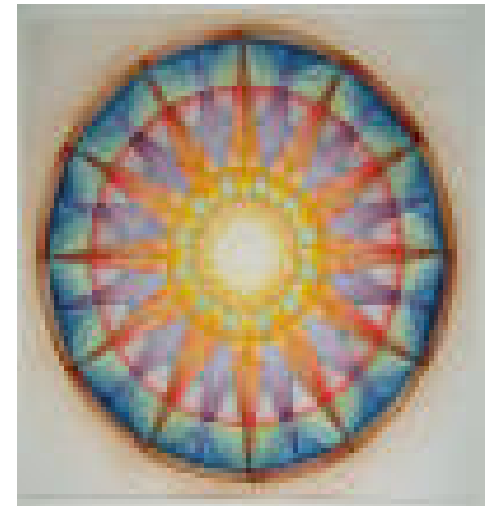
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ONE THOUSAND WORDS

VETERAN'S
ART THERAPY



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ONE THOUSAND WORDS

Art is the process or product of deliberately and creatively arranging elements in a way that appeals to the senses or emotions.

Therapy is a consequence of a particular treatment which is judged to be desirable and beneficial.



ART THERAPY

USES IMAGERY TO ACCESS TRAUMATIC MEMORIES SAFELY, PROMOTES VERBAL PROCESSING AND ENCOURAGES ACTIVE CONSTRUCTION OF A NARRATIVE ALL WHICH SUPPORTS HEALING AND RECOVERY.

ART THERAPY IS A NON-CONFRONTATIONAL VEHICLE THAT IMPROVES QUALITY OF LIFE.

OUR STAFF

PROGRAM FACILITATORS HAVE DEGREES IN ART AND THERAPY OR WORK IN TEAMS TO OFFER PARTICIPANTS THE MAXIMUM HEALING PROPERTIES OF THE PROGRAM.

OUR PROGRAM

OFFERS BASIC ART INSTRUCTION AS WELL AS OPPORTUNITY FOR ADVANCED STUDY.



Take a Look.

What have other vets said?

"I'm not a Picasso, but I think my stuff is good."

"I have these feelings of guilt, Art Therapy helped me confront that."

"I could express the locked-in things that I'm afraid to talk about or can't talk about."

"It has helped me get in touch with my inner self.

I started believing in dreams again."

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